

July 20, 2007
QUITCENTER MEETING
MINUTES

Present: UMDNJ-TDC/New Brunswick-Jonathan Foulds, Donna Richardson, Jyoti Dasika & Amy Schmelzer. NJ DHSS Ed Kazimir. SBBHN- Connie Green, Tracy Gross, Michele Buldo, Allison Goldschlag & Helene Long. Virtua Health-Cynthia Grant. UMDNJ/SPH-TSERP-Dan Gunderson. Somerset Medical Center-Chris Kotsen. Mercer County Quitcenter- Marc Steinberg. Monmouth County Correctional- Emma Williams. Christ Hospital-Karuri Munene, J. Lilian Valbuena. (n=17)

I. Summary of minutes- Quitcenter Meeting Minutes are posted on Tobaccoprogram.org.

II. NJ DHSS- news from CTCP (EK)

- a. Community Partners help promote Quitline, Quitnet & Quitcenters at events (hand out brochures and do presentations). They recruit community ambassadors that can get the information out about New Jersey's quit services. Quitcenters should work with the Community Partners.
 1. Jyoti Dasika- Partners are also required, when ever possible to utilize a sign in sheet and an evaluation at events.
 2. MS-Having a copy of the Partners attachment C is helpful.
 3. CK- Fax to quit acts as a referral and an attendance sheet that Partners can use.
 4. DR- Quitcenters can recommend patients to act as ambassadors for Partners.
- b. **Grantee Meeting- October 31, 2007, 10am-3pm at Brookdale Community College, Lincroft, NJ.**
- c. **Data Brief**-TSERP has completed the brief and forwarded the final version to the state.
 1. Volunteer for data-brief work-group by email to Gail Ernst
- d. **Quitcenter database** -Report any technical issues with the database to Gail Ernst.
- e. **Quitnet Website**- Every month Quitcenters should review www.nj.quitnet.com website to see if your contact information is posted correctly. If changes are needed, forward your updates to Ed Kazimir.
 1. **Chat rooms** – There are groups within the chat rooms: divided by counties, meds, etc.)
 - a. Go to your specific county and post and answer questions
 - b. Get your clients to participate in the chat rooms
 1. MS-posted a question to see if people are aware of the NJ quitcenters.
 2. HL-refers patients to nj.quitnet.com as hotline, this is a great resource.
 3. CG-Can QC information pop-up on the NJ quitnet website?
 - a. EK -The state will not allow pop-ups as it interferes with privacy. Even though it's difficult to navigate, NJ quitcenter information is on the website.
- f. **Quitcenter Reports**- please review your Quitcenter reports before sending them to the state. To ensure the reports are accurate and comprehensive, have clinicians review the reports as different staff members enter data and run the reports. There is a manual for QC database.
- g. **Smoking Rates-National Survey**
 1. College Grads numbers are very low 6/7%
 2. Not finished high school (poor people) are more likely to be smoking
 - a. Suggests placing a calculator on the TDP website showing how much you're spending in a year on cigarettes. People who are addicted and poor don't think about long term because they live from pay check to pay check and would rather buy cigarettes and not patches. TDP is offering the first box of NRT free and additional boxes at \$25 per box to help encourage people to quit.
 - b. MS-uses the calculator technique with patients during motivation interviewing. This helps clients think about what they could do with the extra money.

III. Data collection Procedures on six month follow-ups for deceased patients?

- a. Enter data with out any quit data and patient will not be counted as a ex-smoker

1. Consider revising the database in the future to include options or codes (deceased, no longer at that address or phone, refused to respond).

IV. Side effect issues: (Chris Kotsen)

- a. **Patch (Nicoderm)** - Two patients in group complained of muscle pain in their arms from the patch.
 1. Instruct patient to move the patch to a more fleshy/meaty part of the body.
 2. Patch can be worn in areas below the waste.

b. **Chantix-**

A patient with a prior history of seizures doubled up on a Chantix pill. Patient missed a dose and took a double dose on the next day after being instructed by the clinician not to. After taking the two doses the patient had a seizure while driving and had an accident. Patient is doing well and is taking a very low dose of Chantix.

1. Adverse events should be reported to the FDA
2. Advise patients to use as directed by their physician.
3. Caution and advice in group with clients on different meds and stages of treatment not to increase any meds unless you have been instructed by your physician.

V. Interest in Quitcenter staff being “trained” by the ACS advocacy trainer to address issues of sustained funding/insurance bill, etc. Chris Kotsen will arrange for one hour training during the next QC meeting. “How to interact with Politician’s.”

VI. Progress on outreach/publicity/links with coalitions etc.

- a. **TDP-** Open House video is available @ www.tobaccoprogram.org (Showed NJN news video clip)
- b. **SBHC & Ocean County Cancer Coalition** - Developed a book mark to hand out in physicians offices to promote the SBHC Quitcenter, quitline and quitnet. (HL)
- c. **CH-** Is developing a relationship with their Community Partner. (KM)
- d. **Fax to quit-** A Spanish version of fax-to-quit has been developed and will be posted at www.tobaccoprogram.org. Other forms will be translated as needed.

VII. Other Business-

- a. **TDP-** PS Card (Prescription Savings Card) www.pscard.com Save up to 50% off the cash price for your RX at you local pharmacy. This is not insurance-discounts only; you can print a card online and request a permanent plastic card. (DR)
- b. **Billing-**
TDP –Funnels charges through the patients insurance and we don’t accept payment from clients, only their insurance provider and for NRT products. (JF)
CH- developing a billing system. (KM)
- c. **JF Smokeless Tobacco-** Hand out. “Snus-what should the public health response be.” Published in the Lancet. Reynolds is marketing Camel snus in 10 states & Phillip Morris will test market Marlboro snus at the end of August. Tobacco companies’ will be creative with marketing ideas and early next year you may see advertisement for these products in NJ.

Next Grantee Meeting October 31, 2007, 10AM – 3PM at Brookdale Community College, Lincroft, NJ.
NEXT QUITCENTER MEETING IN NEW BRUNSWICK WILL BE 9.30-11.30am, FRIDAY September 21, 2007.

Please send items for the agenda to Lisa Underwood: lisa.underwood@umdnj.edu

From now on the minutes will be recorded and posted on www.tobaccoprogram.org